

# FROM THE PJ Library KITCHEN

## Apples and Honey Breakfast Cookie Pops Yields 12 cookie pops

### INGREDIENTS:

- 2 cups quick oats
- I teaspoon cinnamon

3/4 cup dried apples, diced

½ cup shelled roasted pumpkin seeds

1/4 cup ground flaxseed

I teaspoon vanilla extract

1/4 cup raisins

- I ripe banana
- I cup almond or sunflower butter
- 1/4 cup apple butter
- 1/4 cup honey
- ½ teaspoon salt Optional glaze:
- I ounce cream cheese, softened
- ½ teaspoon vanilla extract
- 3 ½ tablespoons powdered sugar
- 2 ½ teaspoons lemon juice

### INSTRUCTIONS:

- Preheat oven to 325 degrees.
- In a large bowl, combine all cookie ingredients using a mixer until well-blended.
- On a parchment paper-lined baking sheet, place golf ballsized scoops. Use hands to flatten.
- Push a stick into each cookie from the bottom until it nearly reaches the top.
- Bake for 15 minutes, or until edges are slightly browned.
- · Let cool on baking sheet.
- To make glaze, mix together cream cheese, vanilla, and powdered sugar.
- Add lemon juice ½ teaspoon at a time, until glaze is liquid but not runny.
- · Drizzle glaze over completely cooled cookies.
- \* Note: if using wooden sticks, soak them in water for at least 30 minutes before baking. No sticks? You've got bars!

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG

# FROM THE PT Library KITCHEN

## Caramelized Onion and Butternut Squash Dip Yields about 2 ½ cups

## INGREDIENTS:

- 3 tablespoons olive oil
- 2 medium sweet onions, diced
- 1½ cups diced and peeled butternut squash
- 3 cloves of garlic, finely minced 1½ teaspoons kosher salt, divided
- 1/4 teaspoon ground pepper
- 1½ cups sour cream 3/4 cup mayonnaise
- 2 tablespoons Italian parsley, chopped
- Shelled and roasted pumpkin seeds for garnish
- (optional)

8 ounces mushrooms

1 ½ teaspoons kosher salt

I ½ teaspoons Italian

seasoning

 $\frac{1}{2}$  teaspoon ground pepper

## INSTRUCTIONS:

- In a large sauté pan, add olive oil, onions, squash, and garlic.
- Stir to combine. Cook over medium heat until lightly browned and softened, about 20 minutes.
- Add I teaspoon salt and the pepper.
- Set aside to cool.
- · Once mixture is cooled, mash butternut squash with the back of a wooden spoon.
- In a large bowl, combine the mixture with the rest of the ingredients.
- · Cover with plastic wrap. Refrigerate until ready to serve. Serve in a hollowed-out pumpkin or other squash.
- Top with pumpkin seeds. Goes well with fresh vegetables, chips, or pita.

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PILIBRARY.ORG

## Library Harvest Veggie Roll Up INSTRUCTIONS:

## Yields about 2 cups of spread INGREDIENTS:

## Spread:

- I small red onion
- 2 medium zucchini 5 cloves minced garlic 3 tablespoons olive oil
- I red bell pepper
- I small eggplant
- I ½ cups peeled butternut squash
- Roll:

Deli turkey (optional)

Sliced tomatoes

Tortillas

Romaine lettuce

- Preheat oven to 400 degrees.
- · Dice all veggies to equal-size pieces.
- On a foiled and greased sheet pan, combine all spread ingredients. Toss to coat vegetables with oil.
- Roast in oven for 40-50 minutes, stirring vegetables halfway through to lift any pieces that stick to the pan. · Once vegetables are cooked through and slightly brown,
- remove from oven. • When vegetables are cool, spoon into a food processor
- and grind until a paste forms. • To assemble the rolls, spread about 2 tablespoons of
- paste on a tortilla. Layer the turkey (optional), lettuce, and tomatoes. Roll as tightly as possible. Secure with toothpicks along the seam. Slice the roll between each toothpick to serve.

FOR TIPS, ADDITIONAL RECIPES, AND MORE, VISIT PJLIBRARY.ORG

## FROM THE PJ Library Sticky Honey Drumsticks

## INGREDIENTS: ½ cup honey

- I tablespoon finely minced garlic
- I large navel orange, zested and juiced
- 3 tablespoons olive oil
- I tablespoon dried oregano
- ½ teaspoon kosher salt
- 1/4 teaspoon ground pepper 2 pounds chicken legs

## **INSTRUCTIONS:**

- In medium bowl, combine all of the ingredients except the chicken.
  - Whisk until combined. Pour half the mixture into a gallon-sized plastic zip bag, reserving the rest for later use.
  - · Add chicken legs to the plastic bag, seal, and massage the marinade into the chicken.
  - Refrigerate at least 30 minutes (longer is better). Preheat oven to 400 degrees.
  - Place chicken legs on a foiled and greased sheet pan with
- plenty of space between pieces. Throw away the bag and any remaining liquid from the bag. • Bake chicken 25 minutes. Brush both sides with reserved
  - sauce and flip. Continue cooking 20 minutes.

# WHAT'S COOKING

Quick and easy recipes inspired by fall Jewish holidays and infused with flavors of a fresh harvest.

## APPLES AND HONEY BREAKFAST COOKIE POPS

A sweet oatmeal treat for mornings on the go

## HARVEST VEGGIE ROLL UP

A roasted veggie wrap to liven up an average lunch

## CARAMELIZED ONION AND BUTTERNUT SQUASH DIP

Kick up your onion dip with a surprise fall flavor

# STICKY HONEY DRUMSTICKS

Chicken in a sweet and savory honey glaze



